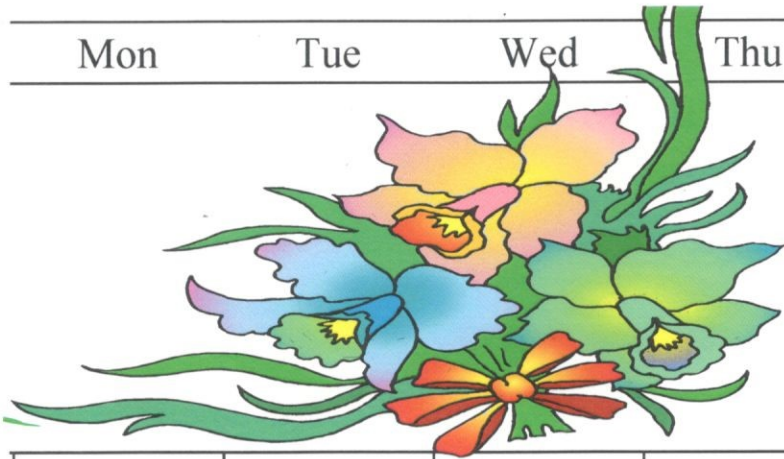


# APRIL BREAKFAST

| Mon  | Tue   | Wed  | Thu  | Fri  |
|--|---|--|--|--|
|  |   |  |  | 1<br>WHOLE WHEAT FRENCH TOAST<br>FRESH FRUIT OF THE DAY                              |
| 4<br>WHOLE GRAIN APPLE JACKS CEREAL<br>100% GRAPE JUICE            | 5<br>WHOLE WHEAT PANCAKES<br>FRESH FRUIT OF THE DAY         | 6<br>WHOLE GRAIN BANANA LOAF<br>FRESH FRUIT OF THE DAY                                   | 7<br>WHOLE WHEAT BREAD<br>4 OZ FAT FREE BLUEBERRY YOGURT<br>FRESH FRUIT OF THE DAY | 8<br>WHOLE GRAIN CARROT MUFFIN<br>FRESH FRUIT OF THE DAY                             |
| 11<br>WHOLE GRAIN CINNAMON TOAST CRUNCH CEREAL<br>100% APPLE JUICE | 12<br>WHOLE GRAIN COFFEE CAKE<br>FRESH FRUIT OF THE DAY     | 13<br>WHOLE GRAIN BAGEL WITH JELLY<br>FRESH FRUIT OF THE DAY                             | 14<br>WHOLE GRAIN APPLE MUFFIN<br>FRESH FRUIT OF THE DAY                           | 15<br>WHOLE WHEAT BREAD<br>4 OZ FAT FREE STRAWBERRY YOGURT<br>FRESH FRUIT OF THE DAY |
| 18<br>WHOLE GRAIN FROSTED FLAKES CEREAL<br>100% ORANGE JUICE       | 19<br>WHOLE WHEAT PANCAKES<br>FRESH FRUIT OF THE DAY        | 20<br>SCRAMBLED EGGS<br>WHOLE WHEAT BREAD<br>FRESH FRUIT OF THE DAY                      | 21<br>WHOLE WHEAT FRENCH TOAST<br>FRESH FRUIT OF THE DAY                           | 22<br>WHOLE GRAIN CORN MUFFIN<br>FRESH FRUIT OF THE DAY                              |
| 25<br>WHOLE GRAIN BERRY CRUNCH CEREAL<br>100% BLENDED FRUIT JUICE  | 26<br>WHOLE GRAIN ICED LEMON LOAF<br>FRESH FRUIT OF THE DAY | 27<br>WHOLE WHEAT BREAD<br>4 OZ FAT FREE CHERRY VANILLA YOGURT<br>FRESH FRUIT OF THE DAY | 28<br>WHOLE WHEAT WAFFLES<br>FRESH FRUIT OF THE DAY                                | 29<br>WHOLE GRAIN BAGEL WITH JELLY<br>FRESH FRUIT OF THE DAY                         |



ALL BREAKFASTS MEET OR EXCEED THE WHOLE GRAIN/ MEAT REQUIREMENTS

FRESH FRUIT (ORANGE APPLE PEARS BANANA CANTELOPE HONEYDEW SEASONAL FRUIT)

ALL JUICE IS 100% ALL BREAKFAST SERVED WITH 8 OZ OF ANTIBIOTIC & HORMONE RBST FREE MILK 1% OR CHOCOLATE CHOICE

“This institution's an equal opportunity provider”. “El USDA es un proveedor y empleador que ofrece igualdad de oportunidades”.

# April Lunch

Mon

Tue

Wed

Thu

Fri

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WHOLE WHEAT  
BRICK OVEN  
EXTRA LOW  
FAT CHEESE  
PIZZA 1 SLICE  
SPINACH MIX  
SALAD

ALL ENTREES  
INCLUDE A  
DAILY MINIMU  
OF  
2 OZ OF  
MEAT / MEAT  
ALTERNATIVE  
2 OZ OF  
WHOLE GRAIN  
BREAD  
OR BREAD  
ALTERNATIVE  
3/4 CUP OF  
VEGETABLE,  
6 OZ  
ANTIBIOTIC  
& HORMONE  
FREE  
1% MILK/  
FAT FREE  
CHOCOLATE  
CHOICE  
AND  
ALL MEALS  
INCLUDE  
FRESH FRUIT  
OF THE DAY  
(ORANGE  
APPLE  
BANANA  
& SEASONAL)



CHICK

DAYCARE

|   |  |   |  |  |
|---|--|---|--|--|
|   |  |   |  |  |
| 4<br>BAKED<br>MEATLOAF<br>BROWN RICE<br>SWEET CORN                                      | 5<br>BBQ CHICKEN<br>WHOLE WHEAT<br>BUTTERED<br>SHELLS PASTA<br>DICED CARROTS                               | 6<br>BEEF<br>MEATBALLS<br>WHOLE WHEAT<br>FUSILLI PASTA<br>STEAMED<br>BROCCOLI                 | 7<br>TURKEY HOT<br>DOG<br>WHOLE WHEAT<br>BUN<br>VEGETARIAN<br>BEANS    | 8<br>WHOLE WHEAT<br>BRICK OVEN<br>EXTRA LOW<br>FAT CHEESE<br>PIZZA 1 SLICE<br>CUCUMBER<br>SALAD  |
| 11<br>WHOLE GRAIN<br>CHICKEN BREAST<br>FILET<br>WHOLE WHEAT<br>ITALIAN BREA<br>BROCCOLI | 12<br><b>BREAKFAST<br/>FOR LUNCH</b><br>WHOLE GRAIN<br>WAFFLES<br>TURKEY<br>SAUSAGE<br>PATTY<br>HASH BROWN | 13<br>BAKED<br>CHICKEN LEGS<br>SEASONED<br>BROWN RICE<br>BLACK BEANS                          | 14<br>TURKEY<br>BURGER<br>WHOLE WHEAT<br>ITALIAN BREAD<br>BABY CARROTS | 15<br>WHOLE WHEAT<br>BRICK OVEN<br>EXTRA LOW<br>FAT CHEESE<br>PIZZA 1 SLICE<br>3 BEAN SALAD      |
| 18<br>SWEDISH<br>MEATBALLS<br>MASHED<br>POTATOES<br>WHOLE WHEAT<br>BREAD                | 19<br>WHOLE GRAIN<br>CHICKEN<br>PATTY<br>WHOLE WHEAT<br>ITALIAN BREAD<br>GREEN BEANS                       | 20<br>TACO GROUND<br>TURKEY<br>KIDNEY BEANS<br>BROWN RICE<br>WHOLE CORN<br>TORTILLIA<br>CHIPS | 21<br>WHOLE WHEAT<br>MACARONI<br>AND CHEESE<br>SLICED<br>CARROTS       | 22<br>WHOLE WHEAT<br>BRICK OVEN<br>EXTRA LOW<br>FAT CHEESE<br>PIZZA 1 SLICE<br>BROCCOLI          |
| 25<br>CHEESE BEEF<br>BURGER<br>WHOLE WHEAT<br>BUN<br>BABY CARROTS                       | 26<br>WHOLE GRAIN<br>CHICKEN<br>NUGGETS<br>BROWN RICE<br>CANNELLINI<br>BEANS                               | 27<br>SLICED TURKEY<br>BREAST WITH<br>MASHED<br>POTATOES<br>WHOLE WHEAT<br>CROISSANT          | 28<br>WHOLE WHEAT<br>CHEESE<br>TORTELLINI<br>SAUTEED<br>SPINACH        | 29<br>WHOLE WHEAT<br>BRICK OVEN<br>EXTRA LOW<br>FAT CHEESE<br>PIZZA 1 SLICE<br>CUCUMBER<br>SALAD |

